

Monthly Focus Verse

Psalm 1:1-2 (ESV)

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night.

WELCOME TO KOINONIA ***ONLINE!***

@Cornerstone

You Belong Here!

Facebook Page: <https://www.facebook.com/groups/koinoniaabfatcbc>

Website with class audio: <http://www.sendbenge.com/koinonia/>

A seascape with waves, a rainbow, and a bird in flight. The sky is blue with scattered clouds, and a vibrant rainbow arches across the horizon. A single bird is captured in flight in the center of the image. The ocean features white-capped waves in the foreground and middle ground.

HOPE

Set On

GRACE

1 Peter

Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead,



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You Don't Say!!
“Inexpressible Joy”

1 Peter 1:6-9

Lesson Two:

You Don't Say!
« Inexpressible Joy »

- 1 Peter 1:6-9
- John 16

1. For followers of Christ, is joy a choice (or, is joy inevitable)?

☐ Joy is a choice. We are commanded to choose joy. **21 (43.8%)**

☐ Joy is not a choice. It is an inevitable and enduring consequence of being a follower of Christ. **27 (56.5%)**

When we don't feel all that joyful, what can we do so that we are obeying the command to be joyful?

- **Repent of known sin, fear, get into**
- **Count blessings**
- **Serve others / reaching out to others**
- **Speak truth to ourselves**
- **Listen to praise music**
- **Get over yourself!!! (Bernism)**
- **CHOOSE JOY**
- **Take it to God in prayer // PRAY**

- ◆ **Not Feeling the Joy:** Common Symptoms of Depression (MDD) and Grief
 - Intense sadness
 - Insomnia
 - Dysfunctional eating patterns/weight
 - Suicidal ideation
 - Difficult to talk about or describe

- ♦ Common Risk Factors of Suicide
 - Loss of Loved One (Death, Divorce, etc.)
 - Loss of health / severe pain



- ♦ Common Risk Factors of Suicide
 - Loss of Loved One (Death, Divorce, etc.)
 - Loss of health / severe pain
 - Loss of job / economic recession



International Journal of
*Environmental Research
and Public Health*



[Int J Environ Res Public Health](#). 2017 May; 14(5): 470.

PMCID: PMC5451921

Published online 2017 Apr 28. doi: [10.3390/ijerph14050470](https://doi.org/10.3390/ijerph14050470)

PMID: [28452940](https://pubmed.ncbi.nlm.nih.gov/28452940/)

Does Unstable Employment Have an Association with Suicide Rates among the Young?

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Rory O'Connor, Academic Editor and Gwendolyn Portzky, Academic Editor

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The link between unemployment and suicide

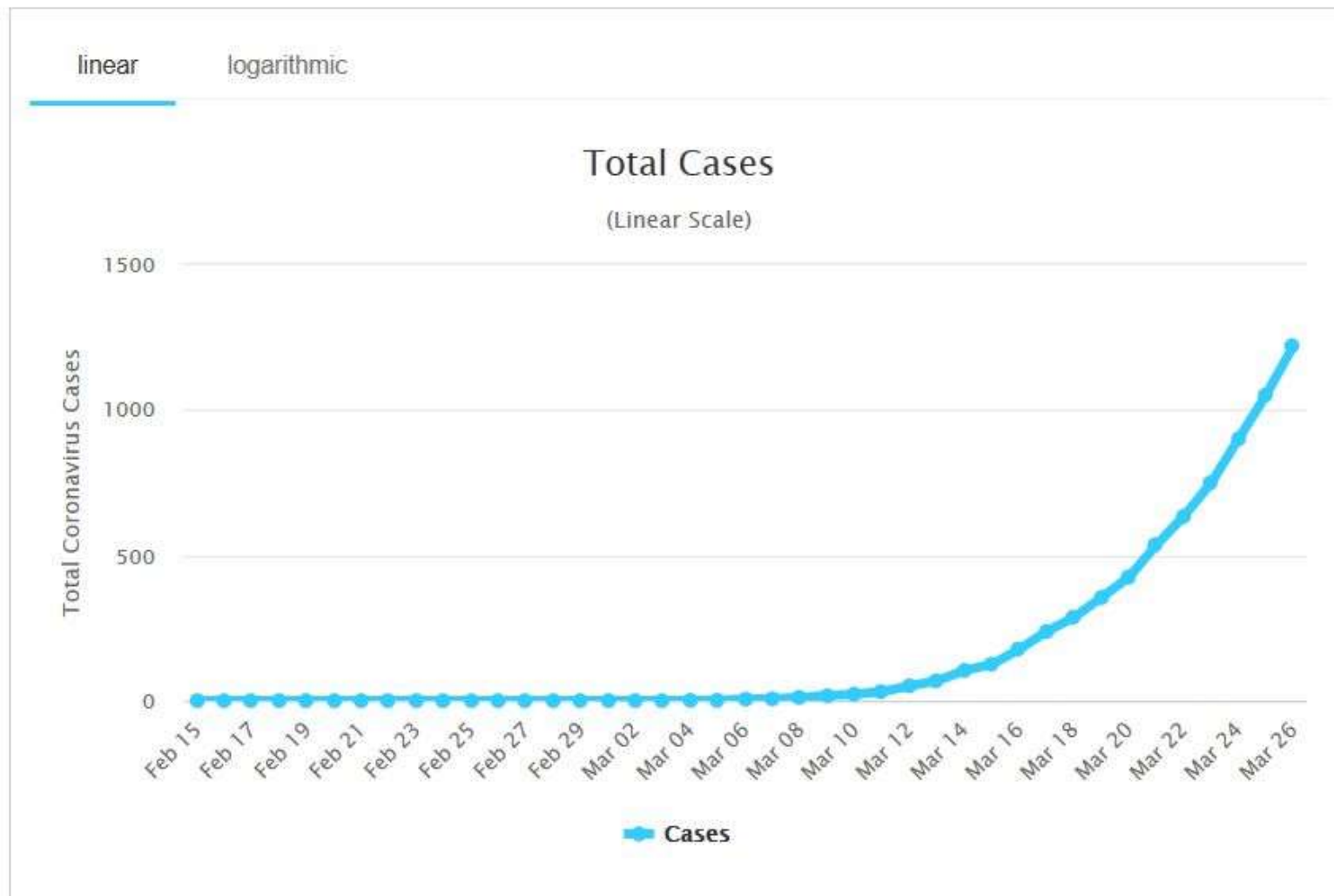


♦ Common Risk Factors of Suicide

- Loss of Loved One (Death, Divorce, etc.)
- Loss of job / economic recession
- Isolation
 - *“The main social constructs associated with suicidal outcomes were marital status (being single, separated, divorced, or widowed) and living alone, social isolation, loneliness, alienation, and belongingness.”*
 - Calati et al (2019) Suicidal thoughts and behaviors and social isolationson., *J Affect Disord*, 4.

- ◆ **COVID-19 Perfect Storm** of Suicide Factors
 - Loss of Loved One (Death, Divorce, etc.)
 - Loss of job / economic recession
 - Isolation

Total Coronavirus Cases in Poland



- ◆ **COVID-19 Perfect Storm of Suicide Factors**
 - Loss of Loved One (Death, Divorce, etc.)
 - Loss of job / economic recession
 - Isolation
- ◆ **Common Symptoms of MDD and Grief**
 - Intense sadness
 - Insomnia
 - Dysfunctional eating patterns/weight
 - Suicidal ideation
 - **Difficult to talk about or explain**

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1 Peter

- ◆ **Compare: difficulty in explaining deep love**
 - *You accept the other person's flaws.*
 - *You want to share everything with them.*
 - *You share your secrets with them.*
 - *You feel a sense of protection over them.*
 - *You are honest with the other person*

³Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead,

⁴To an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, ⁵who by God's power are being guarded through faith for a salvation ready to be revealed in the last time.

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1 Peter

⁶In this you rejoice...

◆ You Do/Can Say (Expressible)

—“**In this you rejoice**”

- 1 Peter 1:6, referring back to verses 3 through 5
- See also, John 16:20-24

- ◆ **You Do Say (Expressible)** – 1 Peter 1:3-5
 - Great mercy (Eph. 2:4)
 - New birth (Eph. 2:5)
 - Undefined inheritance (Rom 8:17)
 - Eternal security (John 10:28-29)
 - Temporary (2 Cor 4:17-18)

⁶In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, ⁷so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ.

- 1 Peter 1:3-8

- ◆ You Do Say (Expressible)
 - “In this you rejoice” (vv. 3-5)
 - Even though .. “**various trials**”
 - “as sorrowful, yet always rejoicing”
 - 2 Corinthians 6:10
 - “**If necessary**”

◆ Necessary Trials

- God's Sovereignty (Eph 1:11; Rom 8:28)
 - Turning us away from sin (1 Cor 11:30–32)
 - Protecting us from sin (2 Cor 12:7)
 - Harvest of righteousness (Heb 12:11)
 - Equip us for ministry (2 Cor 1:4–6)

*⁸Though you have not seen him, you love him. Though you do not now see him, you believe in him and rejoice with **joy that is inexpressible** and filled with glory, ⁹obtaining the outcome of your faith, the salvation of your souls.*

- 1 Peter 1:8-9

–Unspeakable / Inexpressible

- (*aneklalētos* G412)

- Unable to be told

- For which words are inadequate

- Similar to Philippians 4:7

◆ Inexpressible / Unspeakable Joy (1 Peter 1:8)

– “Unspeakable in the kind of it; very different from worldly joys, and carnal delights; of a vastly more pure, sublime, and heavenly nature, being something supernatural, and truly divine, and so ineffably excellent; the sublimity and exquisite sweetness of which, there were no words to set forth.”

– Jonathan Edwards, Religious Affections (Part I)

◆ Attending to Inexpressible Joy

- (1 Peter 1:8)
- Connected to my love and my belief (1 Peter 1:8)

*⁸Though you have not seen him, you love him. Though you do not now see him, you believe in him and rejoice with **joy that is inexpressible** and filled with glory, ⁹obtaining the outcome of your faith, the salvation of your souls.*

- 1 Peter 1:8-9

◆ Attending to Inexpressible Joy

- (1 Peter 1:8)
- Connected to my love and my belief (1 Peter 1:8)
- Impacted by sin (Psalm 51:13)
- Nourished by the word (Psalm 119)
- Sustains and strengthens (James 1:2-3)
- Hard to explain (Philippians 4:7)

this week's discussions

Discussion Question:

- How can we demonstrate or give evidence of “joy inexpressible” or “unspeakable joy” during this current crisis?

Share:

- Stories, encounters, examples, ideas, praises, suggestions, insights, thoughts, Bible verses



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◆ Review: You Don't Say (Inexpressible Joy)

- Some things are hard to explain (even irrational to some extent)
 - Deep loneliness / hopelessness / grief / despair
 - Deep love / the language of love / no words
- 1 Peter 1:3-9 and the language of love
 - Rejoicing that CAN be explained (1 Pet 1:3-5)
- Attending to and demonstrating joy (v.8)
 - Hope set on the Grace of Love and Faith (vv. 8,9)

⁶In this you rejoice...

... though now for a little while, if necessary, you have been grieved by various trials, ⁷so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ.

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◆ **For Next Time**

- *Re-read 1 Peter 1, especially vv. 10-12*
- *Meanwhile, participate in*
 - *The email threads on Cornerstone Connection*
 - *The Facebook group discussions*

We need to hear from each other!

<https://www.facebook.com/groups/koinoniaabfatcbc>



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The background of the entire image is a photograph of a seascape. In the foreground, there are dark blue waves with white foam. In the middle ground, a rainbow is visible in the sky, and a seagull is flying in the center. The sky is filled with white and grey clouds.

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1 Peter